

WHAT TO LOOK OUT FOR

Well head and Pipe Walk

If you wish to visit the head of the well, please arrange access in advance with Steve: 07856 947725 For information about the intriguing historic annual pipe walk (usually Sept/Oct), please see the NSI website. To book on this annual walk please call: 0117 929 1487.

Allotment growing project

Visit the abundant, vibrant community allotments. Ask Steve for a tour: 07856 947725.

Bramble Farm

The venture is run by locals since being started by Hugh Fearnley-Whittingstall and Channel 4. For information, please visit the NSI website.

Opportunities to forage

These abound at the The Bommie. Find blackberries, sloes, rosehips and nuts.

CALORIE COUNT

It's not the speed that counts, but the distance you walk relative to your body weight on the gradients involved.

The Bommie

Approx calories burnt

1.5-2 miles	60kg	210 cals
1.25 hours	70kg	245 cals
	80kg	280 cals
Hilly	90kg	315 cals

HOW TO GET THERE

Grid ref: 707593
Postcode: BS4 1DQ
Please consider local residents if parking nearby.

Bus No.90 to Melvin Square
Bus No.36 to St Barnabas



The Park Local Opportunities Centre

Open: weekends (toilets only) 9am–2pm
weekdays (inc. toilets and cafe) 7am–9pm
www.theparkknowle.org.uk
Tel: 0117 903 9770

BEFORE YOU GO

- ▶ Put on sturdy footwear and bring clothing and kit appropriate for the weather.
- ▶ Please note, the area is used for dog walking.

CONTACTS

www.northern-slopes-initiative.co.uk
www.facebook.com/groups/177126825777076
www.linkagebristol.org.uk
www.bristol.gov.uk/healthwalks

Find three other walks leaflets on the NSI website.



NORTHERN SLOPES CIRCULAR WALKS

No. 1 The Bommie

Hilly with a mix of open space
and woodland, with panoramic views
of the city and beyond

Written by Julia Tutton. Designed by Ruth Coleman



▶ **Route difficulty:**
hard – fairly steep

▶ **Distance approx:**
1.5 miles

▶ **Time:**
1–1.5 hours

▶ **Calorie count:**
210–315

THE BOMMIE

Circular Walk Directions

The walk is described in an anti-clockwise direction.

Accessibility is limited due to poor quality paths, trails and tracks.

Can be muddy/waterlogged in parts.

From The Park, cross Daventry Rd to the green in front of St Barnabas Church and take the entrance to the Northern Slopes. **1.**

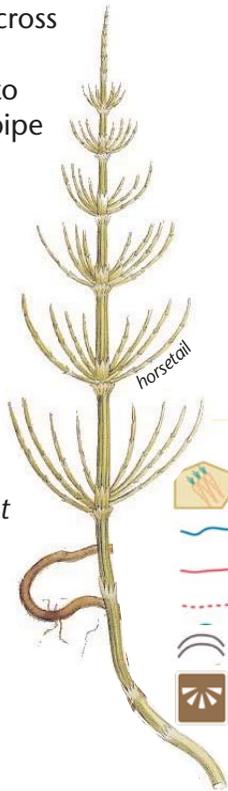
To the right is a small copse. Take the tarmacked path to the green mound and spend a moment soaking up the views. Walk downhill to the track at the bottom right-hand corner. Meander through the trees and cross the stream **2.** – the spring rises in the Springfield Allotments behind the fence to the right, being the start of the annual ‘pipe walk’.

Take either trail to the grass mound. Turn to the right walking the natural boundary with Springfield Allotments to the right, round to the Northern Slopes signature entrance.



the well-head

For the Well-head exit here and turn right to the Springfield Allotment gate on Andover Rd (off Stockwood Crescent) just shy of the junction. Return to this entrance.



horsetail



Sloes of blackthorn



Key:

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|--|----------------|--|--------------------|
| | Allotments | | Meadows/grassland |
| | Streams | | Scrub/woodland |
| | Surfaced paths | | Entrances |
| | Informal paths | | Well head |
| | Bridges | | St Barnabas Church |
| | Viewpoint | | Pipe walk |

Take a moment at the top of the hill – **3.** another amazing viewpoint. Keeping to the boundary takes you to Bramble Farm.

Follow the line of the trees and shrubs down to the path on the right leading through the shady glade **4.** and up to the grassy bank. Borders on this sector have some interesting plants which are garden ‘escapees’. Take the narrow path right, keeping high along the border of the site beside the hawthorn and blackthorn, or go down the hill towards the path. Walk back up the mound bounding the allotments, through the glade **4.** and up to the mound.



hawberries

Keep right, note the variety of trees and look for the wildlife that they support. Find two retaining steps. **5.** Take the rough track down through the wooded area. Pass the two field maples where children play. You can carry on down the steep stepped path to the signature entrance and the stream. **7.**



Pipistrelle bat

(Or carry on to the gravel path **6.** and down to the bridge **8.**)

Cross the bridge, take the uphill path and go on up the slope. **8.**

On the right look for the bomb crater created in World War II, hence the name ‘The Bommie’.

Explore the mound, then exit at the entrance adjacent to St Barnabas Church where you started. **1.**